

Waiver, Release and Indemnity Agreement for Kollect 4 Kidz 2009 5k Run and Walk

- **READ before signing**
- **Registrations without signed release WILL NOT be processed**

In consideration of acceptance of my entry, I hereby release, discharge, and agree to hold harmless the Columbus Parks and Recreation Department, the City of Columbus, IN, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risks associated with my participation in this event including, but not limited to falls, the effects of weather, traffic, road and trail conditions, and all risks associated with running or walking in an urban setting whether or not such risks are specifically known or appreciated by me. I verify that I am physically fit and have sufficiently trained for this event and that my physical condition has been verified by a licensed medical doctor. I specifically agree that it is not the duty of any of the parties listed above to check, monitor, or evaluate my physical condition for the appropriateness of my participation in this event at any time. I agree to indemnify any of the parties listed above for damages by me to any such party or parties and any third parties, by virtue of my participation in this event.

Signature:

X _____

Date: _____

Thank you! :)

A Special Thanks To Our Sponsors!

Cold Stone Creamery

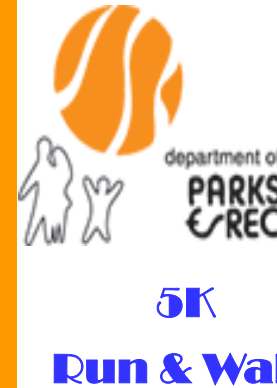
Road I.D.

Smith's New Tire Sales

**Columbus Parks and
Recreation Department**

**Lincoln-Central
Neighborhood Family
Center**

Kollect 4 Kidz Kick-Off



Presented by Heidi
Smith & benefiting
Columbus Park
Foundation



Wednesday, April 8, 2009

**Run/Walk begins at 6:30
P.M.**

**On-site registration from 5-
6:00 P.M.**

**Clifty Elementary School
Columbus, IN**

Support Heidi Smith's Senior Project!

Each summer, Columbus Parks and Recreation along with Lincoln Central Neighborhood Family Center, holds its annual playground program for children. Unfortunately, some of the children live in low-income areas of the community and may even lack food. For my senior project, I am fundraising in hopes of meeting a minimum goal of \$250.00 to purchase healthy non-perishable snack items for the

children in the playground program. This money would go towards "snack packs" which would be sent home with the children and would consist of healthy foods to teach them the importance of a balanced diet. By participating in my 5K race, YOU are helping children take a big step towards a healthier, more active lifestyle! Thank you!



Race Night Schedule

4-5:00 pm Course tour/warm up (optional)

5-6:00 pm On-site registration/sign-in

6:30 pm Run/Walk begins

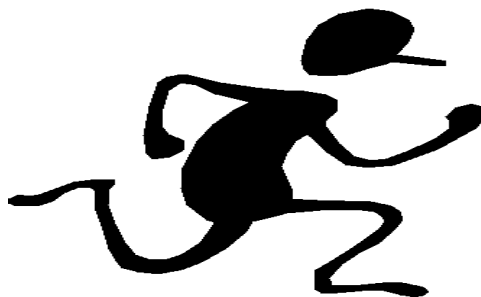
Post-race refreshments and awards

Refreshments

Refreshments will be available after the race. These refreshments include water, fruit and granola bars. After everyone gets cooled down and refreshed, we will begin awards!

The 5K Run & Walk

The run and walk will be held at Clifty Elementary School on the Columbus East Olympians cross country course. It is 3.1 miles and consists of many hills and turns. It is suggested that the runners and walkers warm up before beginning the race. Course maps will be handed out the day of the race. Course tours will also be given the day of the race starting at 4:00 pm.



Age Divisions

Running

- 12 and under
- 13-19
- 20-29
- 30 and up

Walking

- 1st place
- 2nd place
- 3rd place

Awards

Gift certificates to Road ID and medals will be given out to all 1st place finishers in each running division, along with the 1st 2nd and 3rd place finishers of the walking division. 2nd and 3rd place finishers in the running division will be given a medal.

Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Birth Date: _____

Sex: _____ Phone: (____) _____

Shirt Size (small-XXL):

____ Small ____ Medium ____ Large

____ XL ____ XXL

I will be participating in (check all that apply):

____ 5K Run/Walk

\$15 before 3/11/09 \$20 after 3/11/09
(Those who register before 3/11/09 will receive a free t-shirt and it will be much appreciated!)

____ Donation to Columbus Parks Foundation

Donation amount: \$ _____

____ Additional t-shirts

(\$12 each, sizes S, M, L, XL, XXL) Size: _____

____ Total amount enclosed

Sign and date release form on back of this brochure

MAIL REGISTRATIONS TO:

Kollect 4 Kidz Kick-Off

P.O Box 858

Columbus, IN 47202

CHECKS MADE PAYABLE TO:

Columbus Park Foundation